

# Stewardship of Time

## Ideas for spending time growing as a disciple for Jesus

### Ideas for Adults

- Attend Mass every Sunday and Holy Day.
- Pray daily and before every meal.
- Attend Stations of the Cross on Fridays prior to the Fish Fry during Lent.
- Register for Formed and select videos to watch, either individually or as a family – [formed.org](http://formed.org).
- Read a Bible Story to your child and talk about it.
- Designate a regular time and place to pray the rosary.
- Join the Choir; those who sing pray twice!
- Attend Daily Mass – see bulletin for Mass times.
- Attend the Easter Triduum (Holy Thursday, Good Friday, Easter Vigil).
- Write a note and pray for someone entering the Church at Easter.
- Write a letter to a homebound parishioner (a name is provided each Sunday in the bulletin).
- Participate in Dynamic Catholic’s “Best Lent Ever” program and “Best Advent Ever” program. <https://dynamiccatholic.com/>
- Subscribe to St. Monica’s Daily Reflection email (<http://www.stmonicaindy.org/prayer/daily-scripture-reflection/>).
- Get the daily bible readings in your inbox from the United States Conference of Catholic Bishops (<http://www.usccb.org/subscribe/daily-readings-email-subscription-form.cfm>).

### Ideas for Kids and Teens

- Read a Bible story once a week.
- Go to Mass every Sunday and Holy Day.
- Pray daily and before every meal.
- Help a younger sibling with homework.
- When you go to Mass, pay attention more; sing and respond well.
- When you have a decision to make pray to God and ask “What Would Jesus Do?”
- Both “give up something” AND “do something extra” for Lent.
- Participate in Religion Class at school or in your Religious Education Class.
- Say a decade of the Rosary before you go to bed.
- Become a Server.
- Do what your parents ask you the first time they ask.

