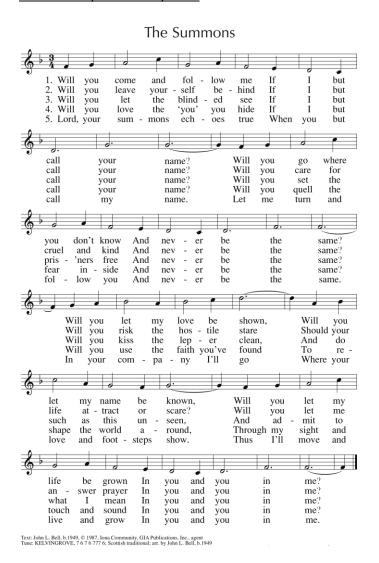
22nd Sunday in Ordinary Time





An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

LITTLE FLOWER CATHOLIC CHURCH - August 30, 2020



Text: Ruth Duck, b.1947, © 1992, GIA Publications, Inc. Tune: BEACH SPRING, 8 7 8 7 D; The Sacred Harp, 1844; harm. by Marty Haugen, b.1950

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Spir - it.

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